

# Fredericksburg Sister City Association



Since 1980 Sister Cities with Frejus France

**FSCA 2015**

*A Visual Snapshot of our 35<sup>th</sup> Year*

**France mourns its latest attack...**  
**Scenes from Frejus on Sunday, November 17...**



**Mayor Rachine on  
Sunday  
17 November, in  
Frejus Place, along  
with hundreds, for  
commemorative  
services**



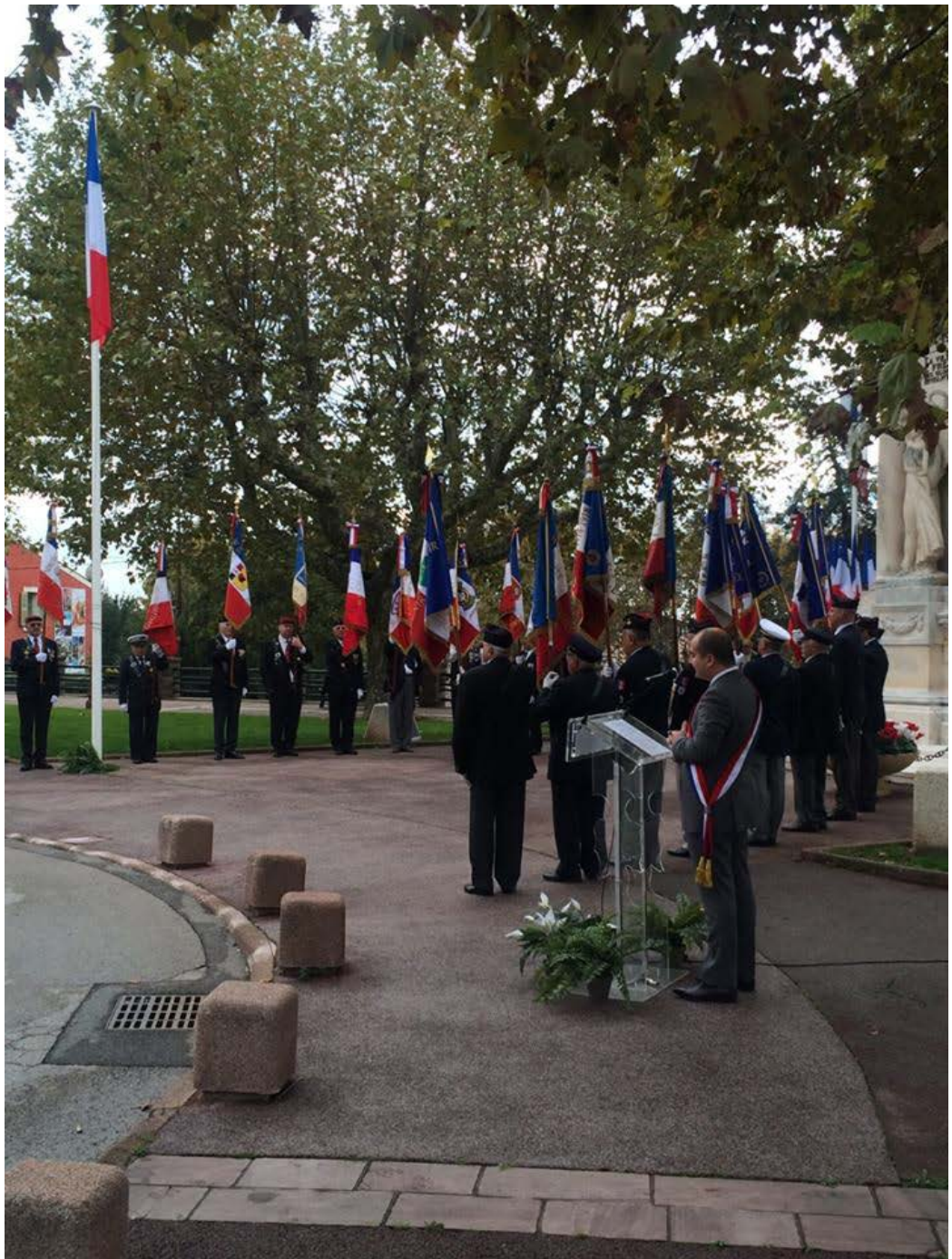


# Our Frejus friends, praying for peace, in Frejus' historic cathedral...





**Laying wreaths in  
memoriam at the  
Monument des  
Morts on Sunday,  
November 17...**





**The French Flag, at half staff, on Saturday, November 14, at the entrance to Frejus City Hall.**

**The year 2015 also began on a somber note.  
November 13<sup>th</sup>'s events echo the year's beginning,  
the 7<sup>th</sup> of January 2015...**





When France and Frejus affirmed the national spirit to uphold freedom of speech...





**...by gathering in Frejus Place  
to commemorate and witness...  
Here is the scene on January 12, in Frejus...**

# FSCA 2015

*A year of joy and celebration; A year of sorrow and shock...*

*November 13, 2015*

*A note from Maryse and Philippe Rigoulot...*



*We are profoundly moved by the support and friendship you have shown us in these tragic days and, in the name of all your French friends, Philippe and I would like to express our most sincere gratitude.*

*The painting above was created by Philippe's daughter Cécile*



But February and  
Mardi Gras bring cause  
for joy and celebration  
of great French traditions and  
enduring friendships!

# Mardi Gras 2015! February 5!

*The decoration crew  
arrived on Friday  
morning to take  
command...*



# Green Purple Gold: *Go Team!*





# Jambalaya, Vino, and Fun !





# Costumes, Schwetzens, and Smiles





# Zydeco Dancing, Crepes, and Fancy Hair



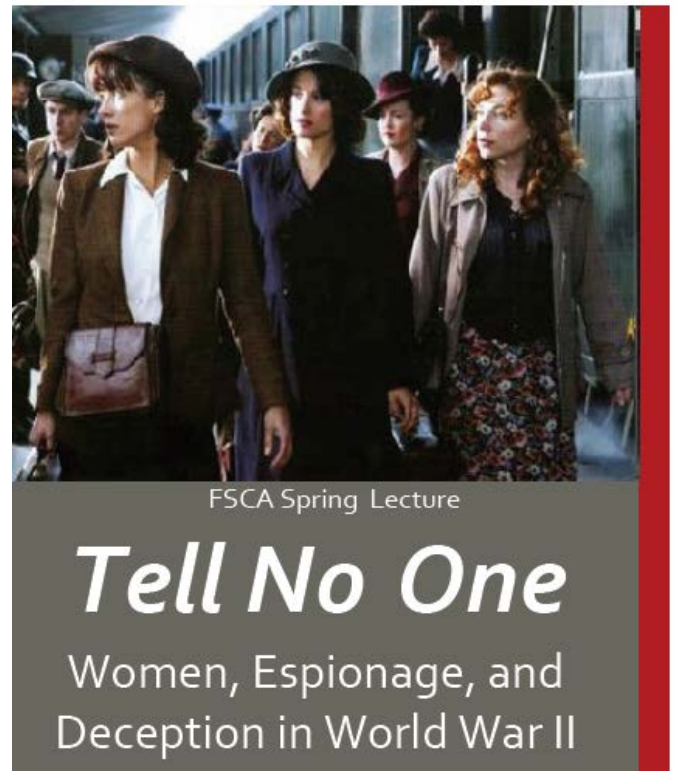
# Massimo and Este, Nancy and Schwetzingen, and the King and Queen of the Night!





# In May, FSCA commemorated V-E Day, May 8, 1945, with “Tell No One”

*A luncheon at La Petite Auberge, with Guest Speaker Felicia Lawrence, National D-Day Memorial; and Honored Guest Nicolas Valcour, Honorary Consul of France in Virginia*

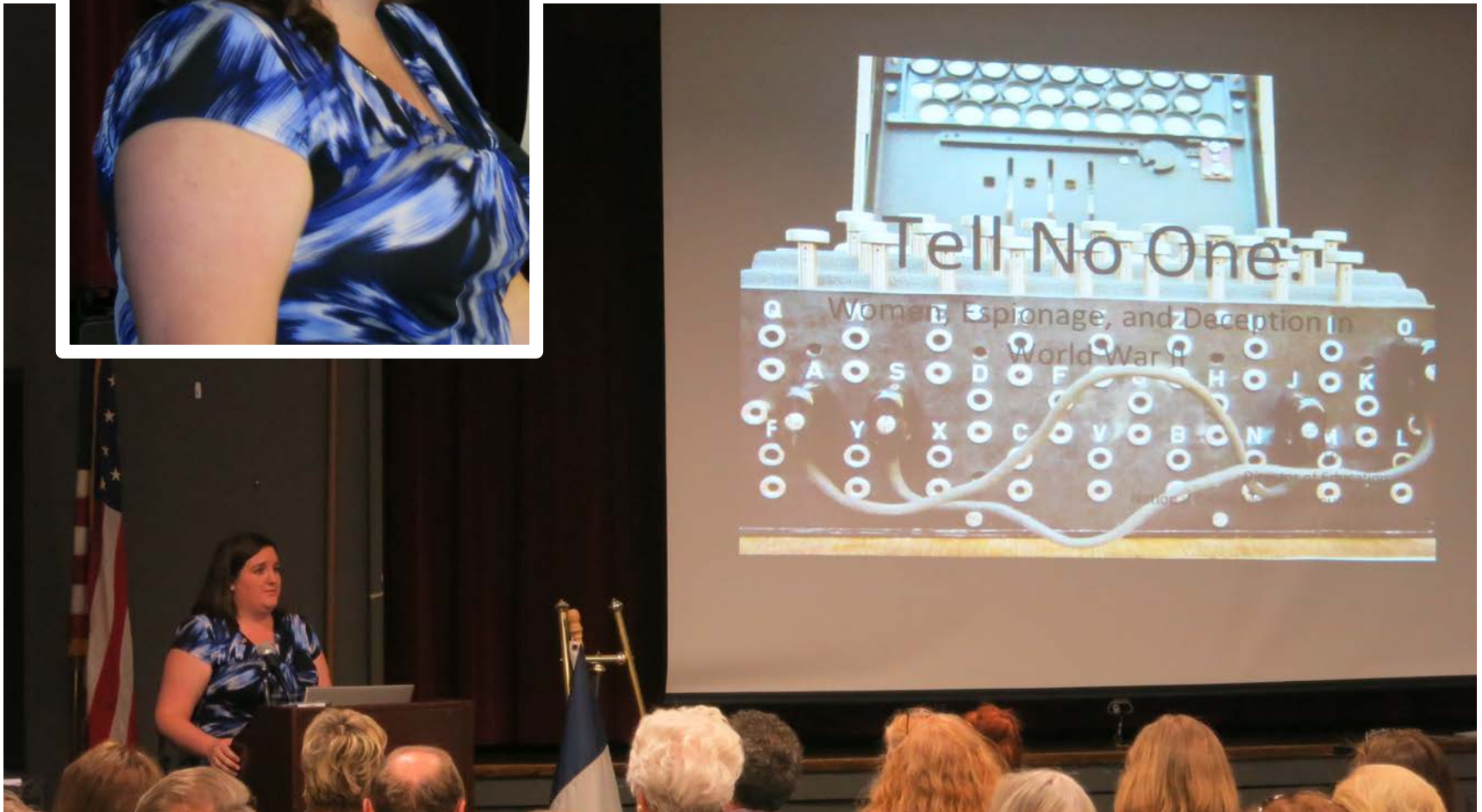


# “Tell No One” Cocktail Reception at the Fredericksburg Area Museum for Patrons and Major Donors

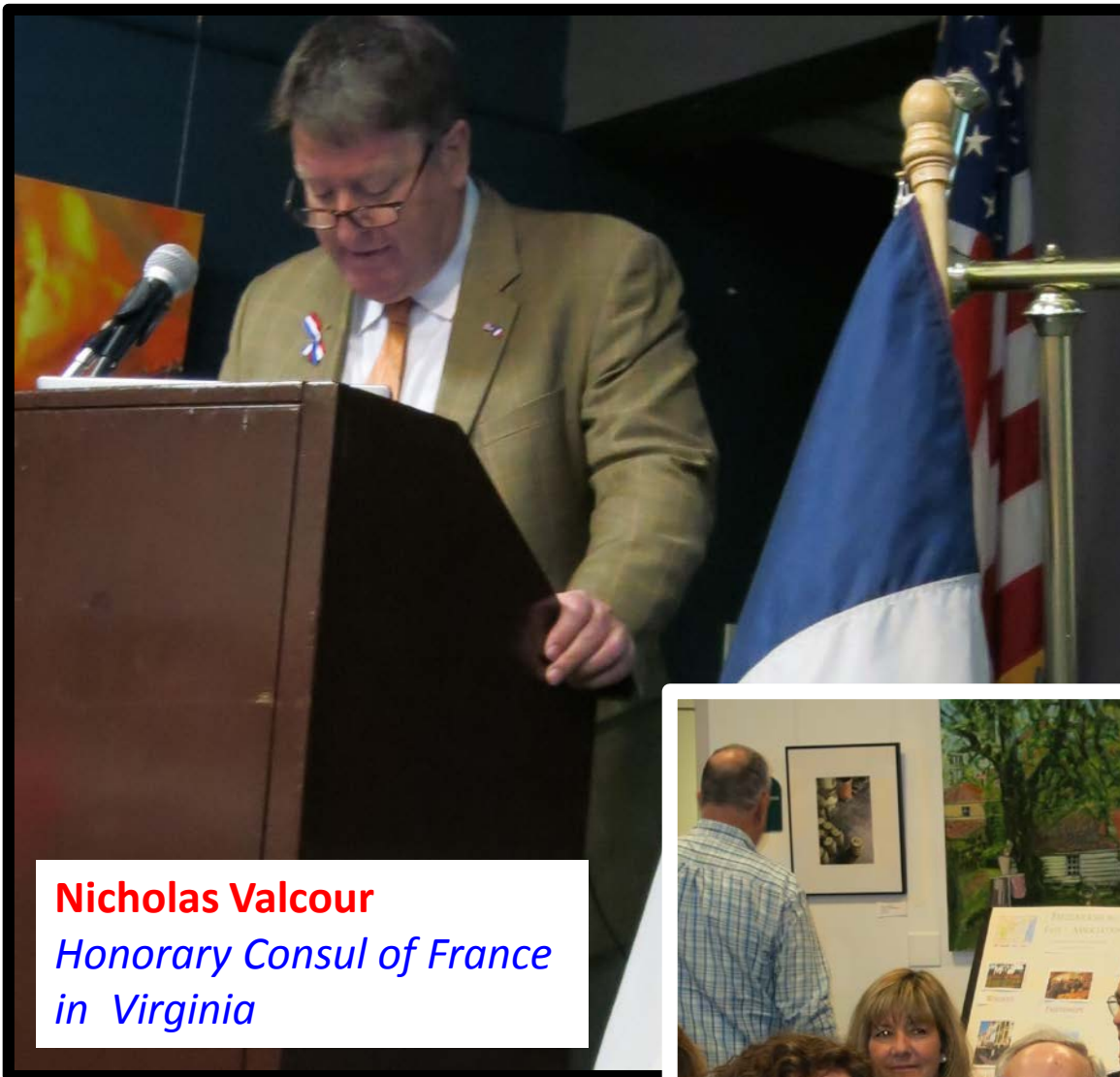




**“Tell No One” Lecture, by Felicia Lawrence, profiling Women In Espionage in France during WWII, at the Library**







**Nicholas Valcour**  
*Honorary Consul of France  
in Virginia*

A large and attentive  
audience for  
FSCA's "Tell No One"



# *Hermione* and Lafayette, June 12



In June, 18<sup>th</sup> Century Ship *Hermione* sailed to America's coast, stopping in Alexandria. A delegation of 50 FSCA members visited on June 12 to see close-up this replica sailing ship that brought Lafayette, and indispensable French aid, to the Colonies' revolutionary cause.



# Visiting *Hermione*





# *Hermione* and Lafayette Heritage





After  
*Hermione*,  
Lunch at  
La Bastille in  
Alexandria!



# BASTILLE DAY

## *In Market Square!*

***July 14!***

Café tables with  
gay umbrellas, a  
wine bar, and  
French cuisine by  
Bernie of King  
George County.



## Bastille Day Celebration!

Tuesday, July 14 6 PM -- 10 PM  
Market Square, 900 Block Princess Anne St  
Behind Old Town Hall

The evening is a gift from  
Fredericksburg Sister City Association  
to the people of Fredericksburg.


- The event is free and open to the public.
- Food, beverages, and wine available for purchase.
- Come costumed! Or in red, white and blue! or just come and join the fun!



Farm-to-Table Foods  
by Bennie of  
Normandie Cuisine,  
King George!




Wine  
by the  
glass: \$5




Music  
by  
Fredericksburg's  
Own Herman K.  
Griffin!

### Bastille Day

France's national day marks the  
beginning of the Revolution in 1789,  
and celebrates our oldest ally's  
march to democratic rule.





Sponsored by the  
**Fredericksburg Sister City Association**  
P.O. Box 7253  
Fredericksburg, VA 22404  
fredericksburgfrejus.com  
Sister City with Frejus, France since 1980



# France in the 'Burg!





# Tricolore and Plein Air Fun







La Marseillaise,  
Wine and  
Friends





More  
Friends,  
More  
Fun!





# BASTILLE DAY

brought out our  
playful selves.  
Let's do this  
again.

Vive La France!





# July Student Exchange!





# Lots of Water Fun on the Cote d'Azur!





# Frejus Sites and Scenes





# On to PARIS!





Louvre,  
Metro,  
Merci!





# Celebrating 35 Years Of Friendship



A Birthday Party for  
Frejus and  
Fredericksburg

*We launched the visit with a  
planning picnic at the  
Becks' River House...*



In September, Frejus welcomed FSCA  
with a Reception in Frejus Place...





...Where we ate, drank, sang, and danced...







...Then gathered to honor the fallen of 9-11 in a solemn wreath-laying at the Monuments des Morts ...







...Then celebrated some more  
with a Luncheon...

where Mayor Rachline and  
Mayor Greenlaw exchanged  
toasts, and lit a spectacular  
Sister City Birthday cake!



The Mayor's  
Luncheon was  
a great success.  
We all had Fun!





# The BIG EVENT! Sister City Signing Ceremony!

Mayors Greenlaw and Rachline make it official  
with a signing of Sister City affirmation documents.



FSCA Pres. Bill Beck and Frejus  
Jumelage Pres. Philippe Rigoulot  
confirm our Sister City partnership...





# Sister City Confirmations Proudly Shared!



# Big Gifts Exchanged: Signs of Friendship All Around!





More Gifts,  
Kind Words,  
and Good  
Will..





...and then we launched balloons, we danced,  
and we played!





# The Giant Omelette!



*Breaking 16,000  
eggs ...  
“cracked” us up!*







## Preparations and Pouring...





# “Stirring” Tales and Adventures!







All "Steamed" Up  
Over Eggs!





# “White Night” Dinner and Dance to Celebrate the Spirit of the Omelette Fellowship



# Let's Celebrate!





# UP NEXT: Mardi Gras 2016!

Friday, February 5  
7 – 10 PM  
Dorothy Hart Community Center

**Dancing!**  
**Zydeco and Rock 'n Roll!**  
**Jambalaya and King Cake!**  
**Crepes Bar!**  
**Beads and Masks!**  
**Costumes and Nonsense!**  
**Contest and Prizes!**  
**50/50 Raffle!**



**Please make checks out to  
FSCA, and mail to:**  
Kathryn Willis  
608 Winterberry Drive  
Fredericksburg, VA 22405

## Mardi Gras!

Friday, February 5, 2016 7 – 10 PM  
Dorothy Hart Community Center  
408 Canal Street  
Fredericksburg VA

[fscs1980@gmail.com](mailto:fscs1980@gmail.com)  
[fredericksburgfirejus.com](http://fredericksburgfirejus.com)

*Members and Guests of the Fredericksburg Sister City Association  
are invited to*

### Mardi Gras 2016!

#### The Evening's Merriment!

**Music and Dancing!** Zydeco, line dancing, and classic rock 'n roll. This year, more tunes and twirling!

**Costumes!** This year, a REAL contest! Be pirate or princess, jester or peasant, flapper or cowboy—bring on your silly self!

**Beads and Masks!** A King and Queen will be crowned!

**50/50 Raffle!** Tickets \$1 or 6 for \$5. Winner takes half!

**Crepes Bar!** Expanded choices for this yummy French treat.

#### The Evening's Fare!

Hors d'oeuvres	Jambalaya
Red beans and rice	Green salad
French bread	King Cake
French Crepes	Wines
Non-Alcoholic Beverages	Bottled Water

**All this for \$35 a ticket for Members and  
their Guests!**

**\$45 for Non-members! (Join online or at the door!)**

Proceeds benefit programs and student exchanges of  
Fredericksburg Sister City Association, a 501(c)(3) organization.

**Fredericksburg Sister City Association**  
\$35 members and member-guests

**Mardi Gras 2016**  
\$45 non-members

Member Name:

Address:

E-Mail:

Guests:



We celebrate the life and contributions of FSCA founding member **Lydie Mann**, whose constant support has sustained us throughout our history.

-- In Memoriam --

# Lydie Santerre Mann

1944    Villeparisis, France  
2015    Fredericksburg, VA







Lydie, Chaperoning students on the  
DC Capital trip in the late '80s...

Lydie, sharing family recipes  
for a local publication  
focusing on FSCA chefs...

**Lydie S. Mann, Paris** — *"I learned these recipes from my Mother during my childhood in Paris. I still use them quite often."*

**Goulash a la Biere**  
(Beer Stew)

Stew beef (about  
1 pound)  
2 teaspoons butter  
or margarine  
2 onions  
2 garlic cloves  
3 ounces tomato  
paste



1 teaspoon flour  
Salt, pepper  
Bouquet garni (bay leaf,  
thyme, parsley)  
1 can of beer  
6 to 8 potatoes  
6 to 8 carrots

Cut garlic and onions in several pieces. Saute meat, garlic and onions in melted butter in a heavy skillet. Add flour, salt, pepper, bouquet garni and tomato paste; mix and add beer. Let cook on medium-low for 45 minutes; add potatoes and carrots. Continue cooking until carrots and potatoes are cooked. Serve with a vinaigrette salad.



**Lydie Mann**

## *Meet the Chefs*

Lydie Santerre Mann was born in Villeparisis, a small town just north of Paris, but resided most of her young life in Paris itself. She came to Fredericksburg in 1964 with her husband, Fredericksburg native Thomas Mann. They are charter members of the Fredericksburg-Frejus Sister City Association and active participants in its organization.

After working briefly as a French teacher in the Fredericksburg school system, Lydie was a French instructor at Mary Washington College for over 10 years. In 1974, she joined her husband as a co-owner of Billingsley Printing and Engraving which they still operate. They have two daughters, Aude, who teaches kindergarten at Hugh Mercer Elementary School, and Corinne, who lives in Paris with her husband, Bernard, who is French.





Lydie, sharing  
food and fun  
with Sister City  
friends...



Lydie, holding aloft the Tricolore at the Giant Omelette 2010...







And Lydie, at Bastille Day 2015,  
sharing laughter and good times  
with friends.

Adieu, Lydie.

And thank you for everything!

















PARIS, 13 NOVEMBRE 2015