



Fredericksburg Sister City Association, Inc.

Information for Students & Parents

Student Summer Exchange Program to Fréjus and Paris, France – July 2025

Fredericksburg and Fréjus, France, have been sister cities since 1980. Area students have participated in student exchange trips to Fréjus since 1981. Once again, in July 2025, students will have the opportunity to visit this historic city.

Fréjus, similar in size to Fredericksburg, has famous beaches and is located on the French Riviera about halfway between Nice and St. Tropez. The city, founded by Julius Caesar, has many Roman ruins and is one of the most historic cities in France. The arid climate is ideal for the cultivation of olive and almond trees, as well as lavender. Learn more about Fréjus and the surrounding area by visiting our Web site: www.fredericksburgfrejus.com.

Our student exchange improves the students' comprehension and speaking of French. The students will live with French families and be introduced to attitudes, daily habits, and customs different from their own. The rich and absorbing history of France will become more meaningful when students visit places they may have only read about.

Students selected for this program should be between the ages of 15 and 17 and be responsible, courteous, flexible, and demonstrate independence. Every student differs in degree of maturity and in ability to cope with new situations, and some students may not be comfortable in a home-stay situation. We ask you, as parents, to consider these factors and to encourage your child to apply for this exchange if you are confident that your child will benefit from the trip. Since there is no guarantee that the host family will speak English, we recommend that students will have completed at least two years of French and will take advantage of the opportunity to speak French whenever possible during the trip.

The chaperones for 2025 will be selected in early January 2025. The specific program will be developed by the chaperones. The 2 to 2 1/2 -week trip will occur sometime between **July 9 and 30, 2025**.

The cost for the trip is *estimated* to be \$2,500-\$3,000. The actual cost of the trip will depend on the number of participants, airfares, etc. The cost of the trip will include roundtrip airfare, transportation from Fréjus to Paris, accommodations, some meals, and museum entrance fees in Paris. The students will be responsible for the cost of occasional meals on excursions, a gift for their hosting family, and any personal expenses.

Students and at least one parent must attend the informational meetings before departure so that everyone has the information needed for a successful trip.

The students and their chaperones will spend approximately ten days in Fréjus, living with families selected by the Fréjus Sister City group (the Jumelage). Excellent excursions to nearby cities and sites of

interest are organized by the Jumelage, with other activities offered by the host family on “free days.” A 3-4 day stay in Paris is planned after the visit to Fréjus.

We are limited to sending 12 students. The selection of students will be made by the chaperones and FSCA Directors. Recommendations by the student’s French teacher and one other teacher, administrator, or guidance counselor are required.

If you have a student who is interested in this exchange, please have them complete the enclosed form. It is important that the application be typed or printed very clearly in black ink to ensure legibility because this information is critical for the Jumelage in partnering students with similar interests. The application must be signed and dated by the student as well as by the parent(s) or guardian(s).

To be considered for this trip, the application and the names of your French teacher and one other teacher, guidance counselor, or school administrator who will recommend you must be received **by January 15, 2025**. Once your application has been received, FSCA will contact your teachers for their recommendations.

Please check out our website at www.fredericksburgfrejus.com

Please mail to:

**Fredericksburg Sister City Association, Inc.
Attention: Catherine Warder, Vice President
13975 Round Hill Rd.
King George, VA 22485**

Or e-mail to:

4warders@gmail.com and krnmoeller@gmail.com

If you have any questions, please E-mail Cathy and Kristin at the e-mails above.

Note: 1. The family of each student accepted for the trip is expected to become a member of FSCA and to reciprocate as a host family for the 2026 exchange, if your family did **not** host for the 2024 exchange.

2. FSCA offers a scholarship for a portion of the trip expenses to a student who excels in his/her French studies, and who has financial need. Applications are available upon request.

FSCA does not discriminate on the basis of race, color, national origin, age, religion, political affiliation, or sex in its membership or programs.